

# Sweet Potato Beef Pasta

## Ingredients

- 1 lb lean (at least 80%) ground beef
- 1 1/2 cups hot water
- 1 2/3 cups milk
- 1 box (5.5 oz) Hamburger Helper™ beef pasta
- 1 cup diced and peeled sweet potato



## Steps

1. In a 10-inch skillet, cook beef over medium-high heat 5 to 7 minutes, stirring occasionally, until thoroughly cooked; drain.
2. Stir in hot water, milk, sweet potato, uncooked pasta and sauce mix (from Hamburger Helper box). Heat to boiling, stirring occasionally.
3. Reduce heat; cover and simmer 5 minutes, stirring occasionally. Remove from heat; uncover (sauce will thicken as it stands). Stir before serving.